



# THE DHARMA CENTRE

Head Temple of Contemporary Zen - Africa  
NPO: 019-135

May 14, 2024

## VESAK MESSAGE FROM SOUTH AFRICA

Our deepest bows to the International Council of Vesak from the Dharma Centre South Africa for inviting us to join you in this worldwide celebration and observance of Vesak .

Vesak for us it is not only a commemoration of the Buddha's birth but a recognition of his profound impact - his curiosity and determination that opened the door for all of us to practice his teachings - in a spirit of love, devotion, and collective action, especially in a world yearning for unity. Above all, we join you in celebration and wonder at what we have and what we are.

Thank you.

**The Dharma Centre South Africa**



Heila Downey Soen Sa Nim  
Founding and guiding teacher

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