

## Buddhist Federation of Norway – Postboks 9340 Grønland, 0135 Oslo Norway

15/05/2024

Vesak 2024

Venerable Member of the Sangha, Your excellencies, distinguish guests, ladies and gentlemen.

First of all I thank you the invitation from ICDV and the full support , service for my visit today.

It is a great honor for me to stand here today representative the Buddhist Foundation of Norway in order to have a few words to the United nations Day of Vesak Celebration .

In these days all over the world, every nations, every Buddhists are celebrating the Vesak. It commemorate the Birth, enlightenment and the great passing away of the Buddha and symbolizing the birth of enlightenment in the world. It is a time for Buddhist to reaffirm their commitment to the teaching of compassion, mindfulness, and inner peace that Buddha have shown before us.

Through his birth, enlightenment and passing away the Buddha showed us the way to liberate ourselves from the endless cycle of birth, life, death and rebirth, the endless cycle of suffering. He was born as a human being just like us, starting like a human, being a prince with a family, and seeking the true of life and became Buddha. He is showing for each and every one of us, to awaken to the truth about life and to free ourselves from all sufferings. He is going in front and find out the knowledge and explained to us the wisdom he had realized to leads us to realize this knowledge for ourselves.

Buddha saids "Every human being has the potential to become a Buddha."

It is now up to us to teach, practicing the wisdom of Buddha and find our own enlightenment and free ourselves.

On this auspicious occasion of Vesak, we gather with hearts full of gratitude and reverence to celebrate the birth, enlightenment, and passing of Lord Buddha. As we come together in unity, let us reflect on the timeless teachings of compassion, peace, and harmony that Buddha imparted to humanity. In the midst of our celebration, we cannot ignore the sobering realities that afflict our world. The ongoing conflict in Ukraine and the strife in Gaza serve as stark reminders of the urgent need for peace and understanding among nations and peoples. Our hearts go out to all those affected by these tragedies, and we pray for swift resolution and healing.

Yet, even in the face of adversity, Vesak reminds us of the transformative power of compassion and forgiveness. It teaches us to look beyond our differences and embrace the common humanity that binds us together. As we light the lamps of enlightenment and compassion, let us also ignite the flame of peace in our hearts and communities.

Today, as we celebrate Vesak, let us reaffirm our commitment to building a world where every individual can live in dignity and harmony. Let us strive to be beacons of compassion and agents of positive change in our communities and beyond. Together, let us sow the seeds of peace and sow them with love, understanding, and empathy.

May the spirit of Vesak inspire us all to work tirelessly for a world where peace reigns supreme, and may the blessings of Lord Buddha guide us on this noble journey.

On behalf the Sangha from Norway and Buddhist Federation of Norway, I extend our warmest congratulations and best wishes for a successful celebration of the International Vesak Day in Bangkok.

May the Buddha bless all you who are represented here today and every single people around the world.

Happy and peaceful Vesak Celebration.

Thank you

Chau Thai Ngoc Chairman of The Board of Buddhist Federation of Norway.